

## Allergy Testing And Treatment

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### 1.0 CPT<sup>1</sup> PROCEDURE CODE RANGES

95004 - 95010, 95015 - 95199

### 2.0 DESCRIPTION

The testing and treatment of conditions related to allergies.

### 3.0 POLICY

Services and supplies required in the diagnosis and treatment of allergies are covered.

### 4.0 EXCLUSIONS

**4.1** Unproven allergy testing. The following are examples of unproven allergy testing. This list is NOT intended to be all-inclusive:

- In vitro histamine release
- Provocative and neutralization testing for food, environmental chemicals, inhalant allergens, and endogenous hormones.
- Sublingual testing.
- Cytotoxic leukocyte test for food and inhalant allergies.
- Rebuck skin window test.
- Passive transfer (Prausnitz-Kustner) test.
- Serial skin-test end point titration for routine testing.
- Kinesiology testing. This test involves muscle strength measurements after food ingestion or sublingual application of food extracts.

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- Reaginic Pulse test. This test measures the increase of pulse rates after ingestion of a suspected allergic food substance.
- Enzyme-Linked Immunoabsorbent Assay (ELISA).
- Electrodermal diagnosis.
- Chemical analysis of body tissue.
- Recall skin tests.
- In vitro lymphocyte proliferation.
- Food challenge testing performed in connection with clinical ecology programs.
- Nitric oxide expired gas determination (CPT<sup>2</sup> procedure code 95012) for asthma is unproven

**4.2** Unproven allergy treatment. The following are examples of unproven allergy treatment. This list is NOT intended to be all-inclusive:

- Sublingual antigen therapy/**Oral Immunotherapy (OIT)**.
- Sublingual neutralization therapy for food and inhalant allergy.
- Urine autoinjection (autogenous urine immunization).
- Intracutaneous (intradermal) and subcutaneous neutralization therapy for food allergies.
- Immunotherapy involving any injection of a food antigen.
- Chemical exposure avoidance, special diet therapy, drug therapy and neutralization therapy for environmental allergies.
- Total serum IgE concentration in cord blood.

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