

## Education And Training For Patient Self Management

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### 1.0 CPT<sup>1</sup> PROCEDURE CODES

98960 - 98962

### 2.0 DESCRIPTION

Education and training services to teach the patient (may include care giver) how to effectively self manage the patient's illness(es)/disease(s) or delay disease comorbidity(ies) in conjunction with the patient's professional health care team.

### 3.0 POLICY

Self help services, **except for Diabetes Self-Management Training (DSMT)**, are excluded from coverage by regulation. **DSMT is covered (see Chapter 8, Section 8.1).**

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