

Eating Disorder Treatment

Issue Date: July 19, 1983

Authority: [32 CFR 199.4\(c\)\(3\)\(ix\), \(g\)\(3\), \(g\)\(28\)](#); and [32 CFR 199.6\(b\)](#) and [\(c\)](#)

Revision: C-72, October 16, 2020

1.0 DESCRIPTION

The following diagnoses are considered by the current edition of the **Diagnostic and Statistical Manual of Mental Disorders** (DSM) to be eating disorders:

- Binge Eating Disorder
- Anorexia Nervosa
- Bulimia Nervosa
- Avoidant/Restrictive Food Intake Disorder
- Pica
- Rumination Disorder
- Other Specified Eating Disorder
- Unspecified Eating Disorder

2.0 POLICY

2.1 A claim for treatment of an eating disorder diagnosis is to be adjudicated as a mental health claim.

2.2 Medically necessary and appropriate eating disorder treatment may be provided on an inpatient or outpatient basis. All eating disorder treatment, to include treatment provided in an "eating disorder program," ([Chapter 11, Section 2.4](#)) must be rendered by a TRICARE-authorized provider listed in [32 CFR 199.6](#). Inpatient eating disorder care must be provided in a Residential Treatment Center (RTC) or other authorized institutional provider. Outpatient eating disorder care must be rendered by a TRICARE-authorized individual professional provider as listed in [32 CFR 199.6, Partial Hospitalization Program \(PHP\) or other authorized institutional provider](#).

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