

## Eating Disorder Treatment

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Authority: [32 CFR 199.4\(c\)\(3\)\(ix\), \(g\)\(3\), \(g\)\(28\)](#); and [32 CFR 199.6\(b\)](#) and [\(c\)](#)

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### 1.0 DESCRIPTION

The following diagnoses are considered by the current edition of the **Diagnostic and Statistical Manual of Mental Disorders** (DSM) to be eating disorders:

- Binge Eating Disorder
- Anorexia Nervosa
- Bulimia Nervosa
- Avoidant/Restrictive Food Intake Disorder
- Pica
- Rumination Disorder
- Other Specified Eating Disorder
- Unspecified Eating Disorder

### 2.0 POLICY

**2.1** A claim for treatment of an eating disorder diagnosis is to be adjudicated as a mental health claim.

**2.2** Medically necessary and appropriate eating disorder treatment may be provided on an inpatient or outpatient basis. All eating disorder treatment, to include treatment provided in an "eating disorder program," ([Chapter 11, Section 2.4](#)) must be rendered by a TRICARE-authorized provider listed in [32 CFR 199.6](#). Inpatient eating disorder care must be provided in a Residential Treatment Center (RTC) or other authorized institutional provider. Outpatient eating disorder care must be rendered by a TRICARE-authorized individual professional provider as listed in [32 CFR 199.6, Partial Hospitalization Program \(PHP\), or other authorized institutional provider.](#)

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