

Medically Necessary Food - For Dates Of Service On Or After December 23, 2017

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Authority: [32 CFR 199.4\(a\)\(1\)\(i\)](#), [\(d\)\(3\)\(iii\)](#), [\(g\)\(39\)](#), [\(g\)\(57\)](#), [\(g\)\(66\)](#), [32 CFR 199.5\(c\)](#), [32 CFR 199.6\(c\)\(3\)\(iii\)\(L\)](#), [\(c\)\(3\)\(iii\)\(M\)](#), and National Defense Authorization Act (NDAA) for Fiscal Year (FY) 2017, Section 714

1.0 CPT¹ PROCEDURE CODES

97802 - 97804

2.0 HCPCS PROCEDURE CODES

B4034 - B9999, S9433 - S9435

3.0 POLICY

3.1 Medically necessary food and medical equipment and supplies necessary to administer such food are covered by TRICARE when prescribed for dietary management of a covered disease or condition. Medically necessary food includes specialized formulas, a Low Protein Modified Food (LPMF) product or an amino acid preparation product. Medically necessary food and medical equipment and supplies may be covered when it is:

3.1.1 Furnished pursuant to the prescription of a TRICARE authorized individual professional provider as described in [32 CFR 199.6](#) (e.g., physician, certified Nurse Practitioner (NP), or a certified Physician Assistant (PA), etc.) acting within the provider's scope of license/certificate of practice for the dietary management of a covered disease or condition as listed in [paragraph 3.2](#); and

3.1.2 A specifically formulated and processed product (as opposed to a naturally occurring foodstuff used in its natural state) for the partial or exclusive feeding of an individual by means of oral intake, or enteral feeding by tube, or parenteral feeding by IV, or intraperitoneal administration; and

3.1.3 Intended for the dietary management of an individual who, because of therapeutic or chronic medical needs, has limited or impaired capacity to ingest, digest, absorb, or metabolize ordinary foodstuffs or certain nutrients, or who has other special medically determined nutrient requirements, the dietary management of which cannot be achieved by the modification of the normal diet alone; and

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3.1.4 Intended to be used under medical supervision, which may include in a home setting; and

3.1.5 Intended only for an individual receiving active and ongoing medical supervision under which the individual requires medical care on a recurring basis for, among other things, instructions on the use of the food.

3.2 Covered disease or conditions include:

- Inborn Errors of Metabolism (IEM);
- Medical conditions of malabsorption;
- Pathologies of the alimentary tract or the gastrointestinal tract; and,
- A neurological or physiological condition.

3.3 Medically Necessary Vitamins And Minerals

Medically necessary vitamins and minerals, including prenatal vitamins for prenatal care (also see [Section 9.1](#)), are covered when used for the management of a covered disease or condition, as listed in [paragraph 3.2](#), pursuant to a prescription or order of a TRICARE authorized individual professional provider acting within the provider's scope of license/certificate of practice as described in [32 CFR 199.6](#).

3.4 Specialized Formulas

3.4.1 Specialized formulas, to include amino acid based formulas, when covered as medically necessary food under [paragraph 3.1](#), are listed in the "Enteral Nutrition Product Classification List." The list is maintained by Noridian Administrative Services and can be found at: <https://www.health.mil/rates>.

3.4.2 Specialized formulas included on the Noridian Enteral Nutrition Product Classification List are covered for enteral and oral consumption.

3.5 Low Protein Modified Foods (LPMFs)

3.5.1 LPMFs, when covered as medically necessary foods under [paragraph 3.1](#), are those food products that have been modified to be low in protein for use by individuals who have been diagnosed with IEM (e.g., phenylketonuria (PKU), or maple syrup urine disease), and are not typically readily available in grocery stores. LPMFs are primary to the management of IEM, as they help those diagnosed with the condition, avoid organ damage, grow properly, and maintain or improve health status. LPMFs may be covered pursuant to a prescription, when medically necessary and appropriate for the treatment of IEM.

3.5.2 Contractor Responsibilities - LPMFs

3.5.2.1 The contractor shall preauthorize all prescribed LPMFs and ensure the LPMFs are medically necessary and appropriate medical care for the treatment of IEM.

3.5.2.2 If preauthorization is not obtained and the contractor finds the LPMF is medically necessary and appropriate and the care otherwise meets the requirements of this policy, the

payment reduction provision of the TRICARE Reimbursement Manual (TRM), [Chapter 1, Section 28](#) applies.

3.5.2.3 If preauthorization is not obtained by the beneficiary and the beneficiary purchases **LPMFs** directly from a vendor, and all policy criteria are met, the appropriate out of network cost-share shall apply.

3.5.2.4 **LPMF** products are purchased from vendors who specialize in the distribution of **LPMFs**. The contractor shall include providers of **LPMFs** in their network as medical supply firm providers.

3.6 Ketogenic Diet

3.6.1 Inpatient ketogenic diet is covered when it is part of a medically necessary inpatient admission for epilepsy. Services and supplies will be reimbursed under the Diagnosis Related Group (DRG) payment methodology.

3.6.2 **Outpatient services and supplies for ketogenic diet are covered for the treatment of seizures that are refractory to anti-seizure medication. Covered supplies are included on the list maintained by Noridian Administrative Services and can be found at: <https://www.health.mil/rates>.**

3.7 Medical Nutritional Therapy/Medical Nutritional Counseling

3.7.1 Medical nutritional therapy/medical nutritional counseling required in the administration and maintenance of TRICARE covered medically necessary foods, to include low protein foods, for those covered conditions listed in [paragraph 3.2](#), may be covered when medically necessary and appropriate.

3.7.2 Medical nutritional therapy must be provided by a TRICARE authorized individual professional provider described in [32 CFR 199.6](#) (e.g., physician, nurse, nutritionist, or Registered Dietician (RD)). If required by [32 CFR 199.6](#), the authorized provider (e.g., a nutritionist or RD) must be licensed by the state in which the care is provided and must be under the supervision of a physician who is overseeing the episode of treatment or the covered program of services.

4.0 REIMBURSEMENT

4.1 Medical foods shall be reimbursed using the rate on the Durable Medical Equipment, Prosthetics, Orthotics and Supplies (DMEPOS) fee schedule. If there is no DMEPOS fee schedule rate, the allowable charge shall be established in accordance with the TRM, [Chapter 3, Section 1](#) and [Chapter 5, Sections 1 and 3](#).

4.2 When reimbursement is made in accordance with the TRM, [Chapters 3 and 5](#), especially when the state prevailing or billed rate is used, the contractor shall ensure the provisions of [32 CFR 199.9\(b\)\(2\), \(b\)\(7\), \(c\)\(11\)](#) and the TRICARE Operations Manual (TOM), [Chapter 13](#), are followed to prevent fraud and abuse.

5.0 EXCLUSIONS

TRICARE covered medically necessary food and vitamins do not include:

5.1 Food taken as part of an overall diet designed to reduce the risk of a disease or medical condition, or as weight-loss products, even if the food is recommended by a physician or other health care professional.

5.2 Food marketed as gluten-free for the management of celiac disease or non-celiac gluten sensitivity.

5.3 Food marketed for the management of diabetes.

5.4 Vitamins or mineral preparations, except as provided in [paragraph 3.3](#).

5.5 Nutritional supplements administered in the absence of a covered disease or a medical condition that is listed in [paragraph 3.2](#).

5.6 Megavitamin psychiatric therapy, orthomolecular psychiatric therapy.

5.7 Items used primarily for convenience or for features which exceed that which is medically necessary (for example, prepackaged, liquid vs. powder, etc.).

5.8 Nutritional products that are marketed for use for individuals without medical conditions.

5.9 Naturally occurring foodstuff used in its natural state, to include those that are naturally low in protein. Excluded items are those not intended to be used under the direction of a physician for the dietary treatment of an inborn error of metabolism.

5.10 Healthcare Common Procedure Coding System (HCPCS) code B4104 is an enteral formula additive. The enteral formula codes include all nutrient components, including vitamins, mineral and fiber. As a result B4104 is not separately payable.

5.11 Banked breast milk.

5.12 Specialized formulas, except those covered in [paragraph 3.4](#).

6.0 EFFECTIVE DATE

December 23, 2017.

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