Evaluation And Management

Chapter 2 Section 4.1

Emergency Department (ED) Services

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1.0 CPT PROCEDURE CODE RANGE

99281 - 99285, 99288 (see EXCLUSIONS regarding 99288)

2.0 BACKGROUND

- 2.1 The Advisory Commission on Consumer Protection and Quality in the Health Care Industry was appointed by President Clinton on March 26, 1997, to "advise the President on changes occurring in the health care system and recommend measures as may be necessary to promote and assure health care quality and value, and protect consumers and workers in the health care system." As part of its work, the President asked the Commission to draft a "consumer bill of rights."
- 2.2 In its report, the Commission stated that, "Consumers have the right to access emergency health care services when and where the need arises. Health plans should provide payment when a consumer presents to an emergency department with acute symptoms of sufficient severity--including severe pain--such that a 'prudent layperson' could reasonably expect the absence of medical attention to result in placing the consumer's health in serious jeopardy, serious impairment to bodily functions, or serious dysfunction of any bodily organ or part." Emphasis is placed on the patient's presenting symptoms rather than the final diagnosis.
- 2.3 In conjunction with the "prudent layperson" standard, TRICARE must also enforce the current provision that "appropriate medical care" required to provide "medically or psychologically necessary" services is to be furnished economically. That is, services are to be furnished in the least expensive level of care or medical environment adequate to provide the required medical care regardless of whether or not that level of care is covered by TRICARE. For care sought in an ED, which was clearly a case of routine illness where the beneficiary's medical condition never was, or never appeared to be, an emergency, the ED is the inappropriate "medical environment" to seek the care. A physician's office, for example, would be a more adequate medical environment for non-emergency care. Non-emergent visits to the ED can be costly, contribute to overcrowded waiting rooms, divert resources away from other hospital-based care, and compromise the coordination and continuity of care.
- **2.4** This policy encompasses the Commission's recommendations and the TRICARE provision that benefits be extended for care that is "medically and psychologically necessary" and "appropriate medical care".

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3.0 DESCRIPTION

An emergency department is defined as an organized hospital-based facility for the provision of unscheduled episodic services to patients who present for immediate medical attention. The facility must be available 24 hours a day.

4.0 POLICY

ED care, to include professional and institutional changes, is covered:

- **4.1** For medical, maternity or psychiatric emergencies that would lead a "prudent layperson," (someone with average knowledge of health and medicine), to believe that a serious medical condition existed or the absence of medical attention would result in a threat to his/her life, limb, or sight and requires immediate medical treatment or which manifest painful symptomatology requiring immediate palliative effort to relieve suffering. This includes situations where a beneficiary presents with severe pain.
- **4.2** For service and supplies, not otherwise excluded, that are ordered or administered in the ED to manage the care (e.g., tetanus toxoid injections, etc.).

5.0 POLICY CONSIDERATIONS

- **5.1** Medical emergency is the sudden and unexpected onset of a medical condition or the acute exacerbation of a chronic condition listed that is threatening to life, limb, or sight, and requires immediate medical treatment or manifests painful symptomatology requiring immediate palliative efforts to alleviate suffering.
- **5.2** Maternity emergency is a sudden unexpected medical complication which puts the mother, or fetus, at risk.
- **5.3** A psychiatric inpatient admission is an emergency when, based on a psychiatric evaluation performed by a physician (or other qualified mental health care professional with hospital admission authority), the patient is at immediate risk of serious harm to self or others as a result of mental disorder and requires immediate continuous skilled observation at the acute level of care.
- 5.4 Since claims are submitted with only the discharge diagnosis (not presenting symptoms), any ED claim about to be denied shall be suspended and developed prior to actual denial. Development shall determine whether the presenting symptoms meet the prudent layperson standard defined in policy above.
- **5.5** Pre-authorization is not required for ED services meeting the above POLICY.
- **5.6** An adverse determination of ED care claims is an appealable issue.
- **5.7** Admissions resulting from a psychiatric emergency should be reported to the TRICARE contractor within 24 hours of admission or the next business day after admission but must be reported within 72 hours of the admission. In the case of an emergency admission, authorization resulting from approval of a request made within 72 hours of the admission, the effective date of the authorization shall be the date of the admission. If it is determined that the case was not an emergency admission

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(but the admission can be authorized as medically or psychologically necessary), the effective date of the authorization shall be the date of the receipt of the request or the date of admission, whichever occurs first (refer to the TRICARE Operations Manual (TOM)).

- **5.8** ED services as defined in "POLICY" above are cost-shared as follows:
- **5.8.1** Outpatient care when the beneficiary is discharged home, regardless of any subsequent hospital admission related to the reason for the ED visit.
- **5.8.2** As inpatient care when:
- **5.8.2.1** An immediate inpatient admission for acute care follows the outpatient ED services.
- **5.8.2.1.1** "Immediate" includes the time lapse associated with the beneficiary's direct transfer to an acute care facility more capable of providing the required level-of-care. ED care includes otherwise payable services of both the transferring and receiving facilities.
- **5.8.2.1.2** This will be done even when the ED care is billed separately, as is required for all hospital services provided on an outpatient basis when the related inpatient stay is subject to the TRICARE DRG-based payment system. In determining if the ED care was immediately followed by an inpatient admission, the TRICARE contractor is required only to examine the claim for ED care for evidence of a subsequent admission and to examine its in-house claims records (history).
- **5.8.2.2** An ED patient dies while awaiting formal hospital admission for continued medically necessary acute care.

Note: See paragraph 6.0 for Prime, Extra, and Standard-specific cost-sharing provisions for non-emergency care sought in an ED.

6.0 LIMITATIONS

6.1 TRICARE PRIME Beneficiaries

- Anager (PCM) or from another provider to which the enrollee is referred by the PCM or the contractor. Therefore, if a TRICARE Prime beneficiary seeks treatment in an ED and there was not a referral by his/her PCM, and it is clearly a case of routine illness where the beneficiary's medical condition never was, or never appeared to be, a condition as defined in POLICY paragraph 2.3, then the facility charge shall be denied (i.e., the ED fee billed on the current Centers for Medicare and Medicaid Services (CMS) forms) and the professional services shall be allowed. Other professional ancillary services, including professional components of laboratory and radiology services, if appropriate can be also covered on an allowable charge basis. TRICARE payment shall be in accordance with the Point of Service (POS) option.
- 6.1.2 Claims shall not be denied or paid at the POS option because a condition, which appeared to be a serious medical condition when presenting to the ED, turns out to be non-emergency in nature based on the final diagnosis (i.e., claims shall not be denied in situations where the beneficiary presents to the ED with a condition that would cause a prudent layperson to believe an emergency exists, but the final diagnosis is determined to be a non-emergency condition.) A common example of this

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situation is when a beneficiary seeks treatment in the ED for chest pain, but the final diagnosis is indigestion.

6.2 Non-Enrolled TRICARE Beneficiaries (Standard And Extra)

- 6.2.1 While TRICARE Extra/Standard beneficiaries have the freedom to choose a provider of care, all TRICARE benefits must be "medically necessary" and "appropriate medical care". (See the BACKGROUND section of this policy). If an Extra/Standard beneficiary seeks treatment in an ED and it was clearly a case of routine illness where the beneficiary's medical condition never was, or never appeared to be, a condition as defined in paragraph 2.3, then the facility charge shall be denied (i.e., the ED fee billed on the current Centers for Medicare and Medicaid Services (CMS) forms) and the professional services shall be allowed. Other professional ancillary services, including professional components of laboratory and radiology services, if appropriate can be also covered on an allowable charge basis. If an Extra or Standard beneficiary is referred to the ED by the contractor, (e.g., for after hours care), the care is to be allowed.
- **6.2.2** Claims shall not be denied because a condition, which appeared to be a serious medical condition upon presenting to the ED, turns out to be non-emergency in nature based on the final diagnosis. (i.e., claims shall not be denied in situations where the beneficiary presents to the ED with a condition that would cause a prudent layperson to believe an emergency exists, but the final diagnosis is determined to be a non-emergency condition.) A common example of this situation is when a beneficiary seeks treatment in the ED for chest pain, but the final diagnosis is indigestion.

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