

## EDUCATION AND TRAINING FOR PATIENT SELF MANAGEMENT

ISSUE DATE:

AUTHORITY: [32 CFR 199.4\(g\)\(42\)](#)

---

### I. CPT<sup>1</sup> PROCEDURE CODES

98960 - 98962

### II. DESCRIPTION

Education and training services to teach the patient (may include care giver) how to effectively self manage the patient's illness(es)/disease(es) or delay disease comorbidity(ies) in conjunction with the patient's professional health care team.

### III. POLICY

Self help services is excluded from coverage by regulation.

- END -

---

<sup>1</sup> CPT only © 2006 American Medical Association (or such other date of publication of CPT). All Rights Reserved. |

