

## ALLERGY TESTING AND TREATMENT

ISSUE DATE: April 19, 1983

AUTHORITY: [32 CFR 199.4\(c\)\(2\)\(iv\)](#)

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### I. CPT<sup>1</sup> PROCEDURE CODE RANGE

95004 - 95199

### II. DESCRIPTION

The testing and treatment of conditions related to allergies.

### III. POLICY

Services and supplies required in the diagnosis and treatment of allergies are covered.

### IV. EXCLUSIONS

A. Unproven allergy testing. The following are examples of unproven allergy testing. This list is NOT intended to be all-inclusive:

1. In vitro histamine release
2. Provocative and neutralization testing for food, environmental chemicals, inhalant allergens, and endogenous hormones.
3. Sublingual testing.
4. Cytotoxic leukocyte test for food and inhalant allergies.
5. Reback skin window test.
6. Passive transfer (Prausnitz-Kustner) test.
7. Serial skin-test end point titration for routine testing.

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**TRICARE POLICY MANUAL 6010.54-M, AUGUST 1, 2002**

CHAPTER 7, SECTION 14.1

ALLERGY TESTING AND TREATMENT

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8. Kinesiology testing. This test involves muscle strength measurements after food ingestion or sublingual application of food extracts.

9. Reaginic Pulse test. This test measures the increase of pulse rates after ingestion of a suspected allergic food substance.

10. ELISA - Enzyme-linked immunoabsorbent assay.

11. Electrodermal diagnosis.

12. Chemical analysis of body tissue.

13. Recall skin tests.

14. In vitro lymphocyte proliferation.

15. Food challenge testing performed in connection with clinical ecology programs.

B. Unproven allergy treatment. The following are examples of unproven allergy treatment. This list is NOT intended to be all-inclusive:

1. Sublingual antigen therapy.

2. Sublingual neutralization therapy for food and inhalant allergy.

3. Urine autoinjection (autogenous urine immunization).

4. Intracutaneous (intradermal) and subcutaneous neutralization therapy for food allergies.

5. Immunotherapy involving any injection of a food antigen.

6. Chemical exposure avoidance, special diet therapy, drug therapy and neutralization therapy for environmental allergies.

7. Total serum IgE concentration in cord blood.

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