

## SEXUAL DYSFUNCTIONS, PARAPHILIAS AND GENDER IDENTITY DISORDERS

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### I. DESCRIPTION

A. Sexual dysfunctions are characterized by disturbance in sexual desire and in the psychophysiologic changes that characterize the sexual response cycle and cause marked distress and interpersonal difficulty. The sexual dysfunctions include sexual desire disorders (e.g., hypoactive sexual desire disorder, sexual aversion disorder), sexual arousal disorders (e.g., female sexual arousal disorder, male erectile disorder), orgasmic disorders (e.g., female orgasmic disorder, male orgasmic disorder, premature ejaculation), sexual pain disorders (e.g., dyspareunia, vaginismus), sexual dysfunction due to a general medical condition, substance-induced sexual dysfunction, and sexual dysfunction not otherwise specified. The origin of these disorders may be organic or psychogenic.

B. Paraphilias are characterized by recurrent, intense sexual urges, fantasies, or behaviors that involve unusual objects, activities, or situations and cause clinically significant distress or impairment in social, occupational, or other important areas of functioning. The paraphilias include exhibitionism, fetishism, frotteurism, pedophilia, sexual masochism, sexual sadism, transvestic fetishism, voyeurism, and paraphilia not otherwise specified.

C. Gender identity disorders are characterized by strong and persistent cross-gender identification accompanied by persistent discomfort with one's assigned sex.

### II. POLICY

Diagnostic studies necessary to establish organic versus psychogenic disorders, and appropriate medical and surgical treatment related to sexual dysfunctions with an organic origin (e.g., disease, trauma, injury, or radical surgery) may be cost-shared under the TRICARE Program.

### III. EXCLUSIONS

A. Non-medical (psychiatric) services are not a benefit for organic sexual dysfunction.

B. Services and supplies provided in connection with psychotherapy for sexual dysfunctions, Paraphilias, and gender identify disorders are specifically excluded from cost-sharing. This includes therapy that is wholly or partially related to treating the sexual dysfunctions, paraphilias (e.g., transvestic fetishism) or gender identity disorder, such as sex

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therapy, sexual advice, sexual counseling, sex behavior modification, psychotherapy, or other similar services.

IV. EFFECTIVE DATE        February 1, 1988.

V. POLICY REAFFIRMED    July 11, 1997.

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