

ORTHOKERATOLOGY

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Authority: [32 CFR 199.4\(e\)\(6\)](#) and [\(g\)\(50\)](#)

I. PROCEDURE CODE

92499

II. DESCRIPTION

A. Orthokeratology is the reduction, modification or elimination of refractive errors by the programmed application of contact lenses or other related procedures. In the same sense that teeth may be straightened by the use of dentistry, it is the objective of orthokeratology to reduce or eliminate, by the use of specially designed contact lenses, refractive errors, i.e., irregularities of the eye. The technique is long term, usually applied over a two year time span.

B. Orthokeratology is usually performed by optometrists. The procedure is done on pathology-free eyes, i.e., eyes which are correctable to standard visual acuity from ordinary refractive errors.

III. POLICY

Orthokeratology is not a benefit, regardless of the circumstances under which it is performed.

IV. POLICY CONSIDERATIONS

Since this modality is essentially a method to ultimately avoid wearing glasses, the glasses would not be covered either.

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