

CHAPTER 11
SECTION 8.1

MENTAL HEALTH TREATMENT UTILIZATION REVIEW SYSTEM

Issue Date: December 5, 1984

Authority: [32 CFR 199.4\(a\)\(12\)](#)

I. BACKGROUND

TRICARE/CHAMPUS has established a mental health utilization review system to ensure that services provided to beneficiaries with mental disorders are medically or psychologically necessary and provided at the appropriate level of care.

II. POLICY

- A. Mental health claims are handled in accordance with the [OPM Part Two, Chapter 17](#).
- B. Other issuances in this Policy Manual remain applicable to all claims for mental health services unless specifically exempted.
- C. Appendix A, contains mental health definitions and other reference guides.

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